



Dear Ladies and Gentlemen,
we would like to invite you to the
3rd International ITCM DAO & PTCMA Congress
of Chinese Medicine,
15-17 September 2017.

We have prepared for you 30 thematic workshops!

600 PLN – special price until the end of February.

800 PLN – special price until the end of May.

Permanent discount for students of the School DAO and PTCMA Members .

We invite you to participate!

**THE INSTITUTE OF TRADITIONAL CHINESE MEDICINE AND PREVENTIVE HEALTH „DAO”
IN CRACOW
NON-PUBLIC INSTITUTION OF LIFELONG LEARNING
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PRE-CONGRESS WORKSHOPS

Thursday, 14th Sept 2017

16:00 – 20:00

On Thursday, September 14th, we prepared free workshops for people who would like to start their adventure with Chinese and Integrative Medicine. Admission after prior registration.

CHINESE MEDICINE SESSION

1. Integrative East – West medicine.
Monika Rybicka, MD (Poland)
2. Foundations of Chinese medicine - introduction.
Daria Zwinczewska, (Poland)
3. Introduction to the tongue diagnosis in TCM.
Helena Zwinczewska, MD (Poland)
4. Fire and vacuum cupping – when and how to use it?
O. Kozińska, MD (Ukraine) / W. Zwinczewska, MD (Poland)

HEALTH PREVENTION SESSION

5. The role of lymphatic system in maintaining immunity and health.
O. Kozińska, MD (Ukraine) / W. Zwinczewska, MD (Poland)
6. Energetic aspects of the leech therapy.
O. Kozińska, MD (Ukraine) / W. Zwinczewska, MD (Poland)

Thursday – admission free after prior registration.
4 hours workshop (Friday, Sunday): 200 PLN.
8 hours workshop (Saturday): 400 PLN.

The official language of the congress is English. All lectures and workshops will be translated to Polish.



INTERNATIONAL CHINESE MEDICINE CONGRESS IN CRACOW

FRIDAY, 15th Sept 2017

16:00 – Official opening.

16:30 – 20:30 WORKSHOPS (4 hour workshops – choose one)

CHINESE MEDICINE SESSION

1. Abdominal acupuncture as a microsystem in TCM. Strengthening Yuan Chi.
Tuvia Scott, Lic. Ac. (Israel)
2. The treatment of PMS in Chinese medicine.
Keren Sela, (Israel)
3. Foundations of pediatrics in TCM. Five character types in pediatric treatment.
Assaf Mor, Dipl Ac. (Israel)
4. Integrating Japanese and Chinese scalp acupuncture.
Moshe Becker, Lic. Ac. (Israel)
5. An adrenal exhaustion – how to diagnose and treat it?
Micha Glikman, Lic. Ac. (Israel)

HEALTH PREVENTION SESSION

6. Therapeutic aspect of the leech therapy.
Olga Kozińska MD (Ukraine)

Tan's Balance Method – full course will be held during the Congress.

Teacher: **Ilan Migdali** (USA).



The Institute of
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and Preventive Healthcare

SATURDAY, 16th Sept 2017

9:00 – 18:30 WORKSHOPS (8 hours workshops – choose one)

1. Osamu Ito's Japanese magnet therapy: root treatments and orthopaedics.
Moshe Becker, Lic. Ac. (Israel)
2. Abdominal diagnosis and Hara method treatment.
Assaf Mor, Dipl Ac. (Israel)
3. Children's gastrointestinal diseases – diagnosis and treatment by Chinese medicine.
Gali Stoffman MD, Dipl Ac. (Israel)
4. Neck problems and blood supply to the head and to the upper limbs.
Micha Glikman, Lic. Ac. (Israel)
5. DO-IN practice of meridian stretching.
Aaron Zizov, Dipl. Ac. & C.Hb. (Israel)
6. Tuvia Scott, Lic. Ac. (Israel). The topic will be announced soon.
7. Pain treatment with auricular acupuncture.
Olga Kozińska, MD (Ukraine)

13:00 – 14:30 Lunch break.

20:00 – Evening meeting in the restaurant in Kazimierz.

Tan's Balance Method – full course will be held during the Congress.

Lecturer: **Ilan Migdali** (USA).



The Institute of
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SUNDAY, 17th Sept 2017

9:00 – 13:00 MORNING WORKSHOPS (4 hour workshops – choose one)

CHINESE MEDICINE SESSION

1. 5 Shen tongue diagnosis.
Aaron Zizov, Dipl. Ac. & C.Hb. (Israel)
2. Ba Mai. Introduction into extra meridians.
Micha Glikman, Lic. Ac. (Israel)
3. A five typological approach to menopause – it's not all about the kidney yin!
Keren Sela (Israel)
4. The lumbar pain treatment with Yamamoto New Scalp Acupuncture (YNSA).
Moshe Becker, Lic. Ac. (Israel)

HEALTH PREVENTION SESSION

5. The visceral massage according to the Ogulov method.
Olga Kozińska, MD (Ukraine)

13:00 – 14:00 Lunch break.



The Institute of
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14:00 – 18:00 AFTERNOON WORKSHOPS (choose one)

CHINESE MEDICINE SESSION

1. Children's respiratory system. Diagnosing and treatment protocols.
Gali Stoffman, MD Dipl Ac. (Israel)
2. Five elements personality types in Chinese medicine – treatment of internal medicine.
Aaron Zizov, Dipl. Ac. & C.Hb. (Israel)
3. Extra moxa points of the hand.
Moshe Becker, Lic. Ac. (Israel)
4. An introduction to Chinese gynecology.
Keren Sela. (Israel)

HEALTH PREVENTION SESSION

5. Lymph drainage with the use of the leech therapy.
Olga Kozińska, MD (Ukraine)

Tan's Balance Method – full course will be held during the Congress.

Lecturer: **Ilan Migdali** (USA).