

Program

Wednesday, June 21 **University Hospital Klinikum rechts der Isar, TU München**

Yang-Sheng and Individual Health Management (IHM) – Approved strategies in prevention of chronic diseases

09:30 – 10:00	Welcome and opening (NN WFCMS, Prof D Melchart)
10:00 – 11:00	Session 1 – Basic concepts
10:00 – 10:30	Prof Lieguang Ma: The mysterious and long lasting Chinese Yang-Sheng
10:30 – 11:00	Prof Dieter Melchart: Preliminary outcome data of a Sino-European-Prevention-Program
11:00 – 11:30	Tea/coffee break
11:30 – 12:30	Session 2 – Components of Yang-Sheng
11:00 – 11:30	Dr Sande Huang: Emotional Yang-Sheng
11:30 – 12:00	Dr Ute Engelhardt: Yangsheng in Germany – Past, Present and Future
12:00 – 12:30	Dr Kai Wang: the development of acupuncture and moxibustion for Yang-Sheng
12:30 – 13:30	Lunch
13:30 – 15:00	Session 3 – TCM constitution
13:30 – 14:00	Dr Axel Eustachi: The TCM constitution questionnaire by Wang - Empirical findings
14:00 – 14:30	Dr Yanqing Wellenhofer-Li: Clinical practice of IHM-SEPP
14:30 – 15:00	CEO Daping Liu: Construction of the Tourism Health Program
15:30 – 16:00	Tea/coffee break

Standard TCM-Nomenclature Chinese-German

16:00 – 17:00	final presentation of the newly published Chinese-German TCM Standard nomenclature Official ceremony
17:00 – 18:00	Internal Event